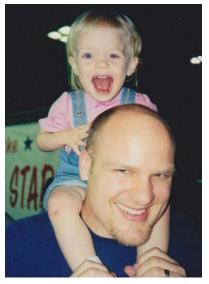
## RESTORING HOME NO PERFECT PARENTS



## **HOME ASSIGNMENT**

SUMMARY OF TODAY'S VIDEO

There are no flawless parents. This means that none of us brings perfection to our own spouse or children. There is room to grow. The know-how we lack can be gained from the Scriptures, modeling from other families, and tools available in books and video.

## THIS WEEK

Choose a day to admit to your spouse and children that you haven't been perfect (flawless). Ask them, "How have I let you down or hurt you in

the past?" Listen and then apologize. Ask their forgiveness and prayerfully ask God's help to never repeat the same mistakes. This will give your family a clean slate and a fresh start toward restoring your home.

Step 1: I will apologize to my spouse on (day/date)//	
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Step 2: I will apologize to my child(ren) on (day/date) \_\_\_/\_\_\_\_.

## **FAMILY RESOURCES**

<u>Kids who carry our Pain</u> by Dr. Robert Hemfelt and Dr Paul Warren. (This book is priceless, but not in print. However, many used copies are available at <u>Used Books.</u>)

If 1 item in the box below applies to your childhood home, you need <u>Making Peace with Your</u> <u>Past</u> by Tim Sledge.

Our family focused its attention on a needy family member. (abusive, addicted)

Our family placed limits on the expression of feelings.

Our family discouraged open talk about obvious problems.

Our family permitted destructive roles for the children in the family.

Our family failed to provide appropriate nurture for the kids.

Our family was closed to the outside world (kept secrets).