

Temperament Types

Training your Children to see them in Yeshua

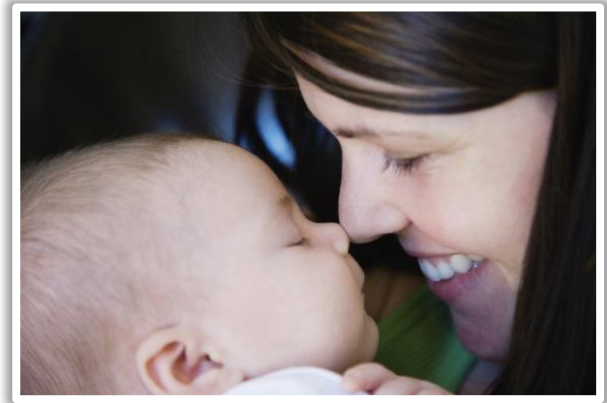


MELANCHOLY

MELANCHOLY - Loyalty and truth are chief virtues in the melancholy. They are creative with minds running constantly. Perfectionists, they are hard on themselves and on others. The melancholy can lead, but is most comfortable in areas that are known or have been experienced. They'll often have lots of questions because they want not to be caught off guard in any matter and thus fail. They want to do things well! Melancholy's do not do well with criticism. They need to be affirmed and assured that they are loved (daily). If their trust is broken, reclaiming it will be difficult.

Teach the melancholy their value or worth is NOT found in perfect performance. Everyone fails, but we all have value in that God's love for us cannot be lost or increased. They need to see they are loved because of what God thinks of them, not because of their performance or efforts.

Yeshua is the way, the TRUTH, and the life. He is the living WORD. He CREATED all things



Love, Worth and Value are neither found nor lost in performance. Love comes from a different place.





People will fail you. Only God will never leave you or forsake you.

Teach your sanguine to focus on fulfilling their obligations and avoid the tendency to zip away to the nearest conversation.

SUPINE The helpers! Eager to serve or help, supines hardly ever want the lead. They do not initiate, but are willing to join...



You serve God not people.

Teach them it is HELPFUL to others if their thoughts are voluntarily shared - because people cannot read their minds

SANGUINE

People oriented more than thing oriented. Like sunshine on a rainy day, they bring life to the party. Giving them attention is critical, but they must learn to focus on the tasks of responsibilities given them since they tend to gravitate away from tasks and toward people or living things (even pets). The Sanguine needs lots of attention. Hugs, talks, and eye-contact are needed regularly and daily. Tell them they are loved; they cannot get enough of it. These people bring joy to the room and mingle with strangers and familiar friends with equal ease. Sanguines will make LOTS of friends easily, but often the relationships will remain surface.

Yeshua moved easily with the crowds, struck up conversations with Zacchaeus in the tree and the woman at the well. He brought livened up every party...in fact, he is the LIGHT of the world.

WHEN ASKED. They don't let others know they want to serve, but actually, they very much want to be involved...not only in the doing of things, but in the decision-making process. They do NOT want to make the decisions. They do not care if their thoughts are taken or not ...they DO care that their thoughts are CONSIDERED. You will have to draw them out. Ask them what they are thinking or feeling and they'll tell you. Don't ask them and they will not tell youbut they will eventually explode in anger or hurt.

Yeshua is the servant of all. Yet, he could ask for a drink of water when thirsty. He served God, not man. "For I do not speak of my own accord, but the Father who sent me commanded me what to say..So whatever I say is just what the Father has told me to say."

PHLEGMATIC

Generally, easy going and don't exhibit a high need for people. They tend to enjoy being alone. People drain their energy. They like peace. When things are sad, tense, or even exceptionally exciting they'll tend to use humor or other mechanisms to move thing from the emotionally elevated to the calm and peaceful. They are stubborn and can hardly be motivated by reward or consequences. They'll need more time than most to emotionally recharge. Naps help.

Yeshua is our peace. He is the peacemaker between God and man. He rested on a boat to recharge after a long evening of being with the crowds and awoke and served again.



Take time to recharge, but bring your energies to the world. They need you.

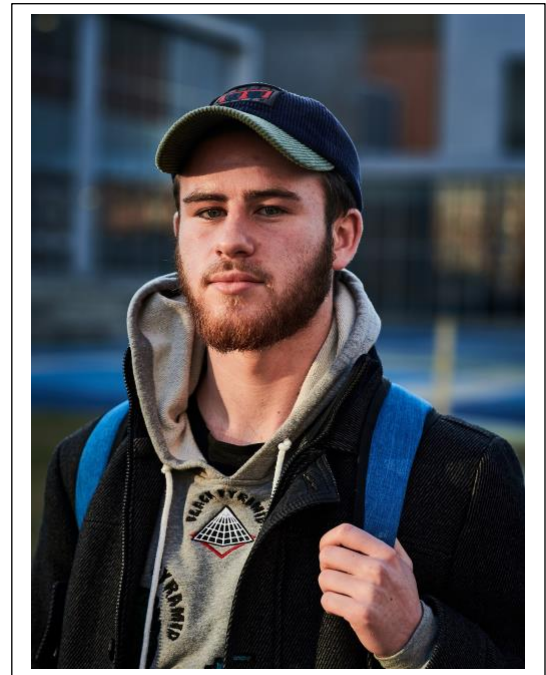
Allow the phlegmatic time to themselves to recharge, encourage them to use that time with God, and to take care that their 'humor' does not hurt others feelings.

CHOLERIC

They are leaders. Often gregarious, but more task oriented than people oriented. They like being with people because they can use them to perform a task or accomplish a goal. Give them options not ultimatums. They need to learn to lead while considering the feelings of others. They will dominate all but the phlegmatic.

Teach them to be sensitive to the feelings of others and to listen to others as parts of being a great leader.

Yeshua is the King of King, but he was a servant king. No bully or boss, He washed his follower's feet and died for their sins. It was his bending low that caused God to lift him up. (Philippians 2)



*Lead like Yeshua....with a servant heart.
Lead with wisdom...listen to others.
Everyone has value.*