

Ephesians 4

Discussion Guide

Pre-discussion Question

Think back to times when you have been in a group that is “clicking well,” when not only are the members getting along but the tasks are getting accomplished well. What makes these groups “work”?

RSR: Read, Summarize, React

Read: Read through the passage silently or together or listen to it.

Summarize: Using your own words, summarize the passage. In this passage, what is the *one or two main ideas or goals* Paul is trying to express or accomplish, either directly or through example?

React:

Likes: Ideas/phrases you particularly like

Questions: Ideas/phrases that confuse you or bring up questions

Connections: Does this passage remind you of another Bible passage or story or something in the culture or in your own life?

Applications: What life principles do you see here? How can you apply this chapter to your own life? How can we apply this chapter to life in the Body of Messiah?

Specific Questions

1. Read the following verses upon which Watchman Nee’s book *Sit, Walk, Stand* is based: 1:20/2:6; 4:1; 6:3. What is meant by the idea that in the process of Christian maturation, we first sit, then walk, then stand?
2. In verses 25-32, Paul gives what Grant describes as the “practices of the disciple.” Name these practices. Which of these are particularly hard for Believers to practice? Why do you think these are difficult?