



1. Final Preparations Before Ascent:

Deep Breath, Niggun

Acknowledge You Belong on This Journey:

Hareini Mekasher

Call to Worship:

Barchu (Mah Tovu, Adon Olam)

2. Ascend Sinai:

Blessings of the Shema (Yotzer, Ahava Rabbah)

3. Listen to God at the Peak:

The Shema (Shema, V'Ahavta, V'Haya Im Shamo)

4. Descend Sinai:

Blessings After the Shema (Emet V'Yatziv, Mi Chamocha, Tzur Yisrael) + Psalm

5. Enter the Presence:

Amidah 1-3 (Avot, Gevurot, Kedusha) + Isa. 56:6-7

6. Take Leave of The King:

Amidah 17-19 (Avodah, Hoda'ah, Sim Shalom)

7. Align with Messiah

Messianic Confessions (Phil. 2:5-8; 1 Tim. 3:16; Titus 2:11-12)

Reinforce Our Changed State:

Ashrei

End & Declare Allegiance:

Aleinu

8. First Post-Prayer Good Deed:

Mourner's Kaddish

Listen to God Again:

Aaronic Benediction

9. Meditate on Our Journey:

2nd Prayer Service